



National Youth Recommendations for Nepal's National Commitments at Nairobi Summit

The young people of Nepal recommend the Government of Nepal to realize the impertinent role that young people play in effective implementation and accountability of Program of Action of ICPD and National Commitments made during Nairobi Summit, and so promote their meaningful and inclusive participation in decision making at all governance levels, through fulfillment of:

Achieve universal access to sexual and reproductive health as a part of universal health coverage (UHC) for young people, by

1. Strengthen health systems to ensure universal access to stigma-free and youth friendly SRHR services that offer respectful and confidential counselling and services at all levels, with appropriate health financing, human resources, and capacity building support.
2. As per the commitment in 15th National Development Plan to establish one health service delivery center in each ward, ensuring that each

health service center is youth, person with disability and gender friendly.

3. Providing sufficient resources to upscale Comprehensive Sexuality Education for in and out of school children with proper monitoring mechanism in place.

Address gender-based violence and the harmful practices of child, early and forced marriages and menstrual discrimination, by

4. Ensuring access to justice through zero tolerance, and provision of adolescent-friendly, quality and timely

This National Youth Recommendation has been drafted upon consultation with 50 young people of Nepal, representing diversity of geography, education, age, sexual orientation and gender identity, physical ability, HIV status, ethnicity and indigeneity, etc. The consultation was organized by Visible Impact and Right Here Right Now Nepal in collaboration with UNFPA Nepal, YPeer Nepal and Beyond Beijing Committee on September 4, 2019. Through session on ICPD+25 process and Nairobi Summit, role of young people on ICPD+25 process, 5x5 model of Nairobi summit, the young people were oriented about ICPD. Through consultation on 5x5 model of Nairobi Summit, world café style sharing and prioritization method, the following recommendations were derived, which was endorsed by the youth participants.



services during gender-based violence including child, early and forced marriage, online violence, *chhaupadi* and other forms of menstrual discrimination.

5. Strengthening system for case reporting and reprimanding perpetrators by increasing awareness about existing laws; and enhancing the capacity of case managers like health professionals, security forces, media etc. to respect survivors' right to privacy rather than shaming during criminal proceedings.
6. Prioritizing youth leadership and youth friendly policies through meaningful and inclusive inclusion of youth in decision making at all three levels of Government level and establishing one youth promotion center in each province, as committed in 15th National Development Plan.

Mobilize the required financing to finish the ICPD Program of Action and sustain the gains already made, by

7. Minimizing cost on health by focusing on preventive and promotive approaches and behavior change for young people, and use of innovative and youth friendly measures for cost minimization such as social media, digital literacy, drone medicine, telemedicine, voluntourism, youth health desk in all government facilities as described in Youth Vision 2025.
8. Fulfilling the commitment made in Youth Vision 2025 by increasing the percentage of total treatment expenses borne by the state for the youth suffering from non-transmitted disease of serious type from 25% to 75% by 2025, and reducing out of pocket expenditure through

universal insurance schemes targeted at young people.

Draw on the demographic bonus of young people to drive economic growth and achieve sustainable development, by

9. Addressing the diversity among young people in regards to their geography, education background, age, sexual orientation and gender identity, physical ability, HIV status, drug use status, ethnicity and indigeneity, etc. and their special needs to access SRHR information and services.
10. Generating evidence base through age disaggregated national data system linked to the development plans; and promoting operational research of youth interventions.

Uphold the right to sexual and reproductive health care of young people in humanitarian and fragile contexts, by

11. Recognizing that young girls and people with disability are at greater vulnerability during humanitarian crisis, ensure that SRHR services such as menstrual hygiene management, contraceptives, safe abortion services, prevention and management of gender-based violence etc. are prioritized in the emergency response cycle, and youth friendly measures like crowdsourcing and response drones are mobilized for rapid response.
12. Building capacities in relation to disaster prevention, mitigation, preparedness and response in line with the "Sendai Framework for Disaster Reduction 2015" and "Disaster Risk Reduction and Management Act 2017" as one of the 20 most disaster-prone countries in the world.

In Solidarity,



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